



Introduction

Welcome to Your HIV & GBV Prevention Pack

*A Voice Raised - A Life Saved:
Become A Champion for Prevention!*

*HIV and GBV Prevention Package for Community Based Volunteers (CBVs)
and Community Prevention Mobilisers*





Acknowledgements

The content for this pack was developed by Rouzeh Eghtessadi and Lois Chingandu, with support from Sara Page and Katrina Wallace-Karenga. Editing was done by Petronella Mugoni, layout and design by Victor Mabenge and Natalie Davies.



Welcome to Your Prevention Pack

As a community based worker/volunteer you have a very important role in saving lives!

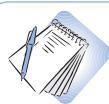
How, you may ask

You can:

- **Share accurate information about prevention** methods with members of your community
- **Explore positive prevention** strategies with community members living with HIV
- Link community members **to access HIV and GBV prevention services and information** at a centre nearest to them
- **Advocate for** high risk groups to enable them to protect themselves from HIV and GBV

By raising your voice for HIV and GBV prevention, you can save lives, and inspire others to also play their part in promoting prevention.

This package offers you some Facts, Tips and Activities, represented by the pictures below, to help you become a Champion for HIV and Gender Based Violence (GBV) Prevention.



Facts



Tips and Ideas



Activities

This toolpack contains:

- A **'Knowing About GBV Prevention'** booklet which shares facts about GBV and how to deal with it
- A **'Knowing About HIV Prevention'** booklet which shares facts and basic knowledge about HIV prevention, and ideas on how to be a prevention champion
- Five **'Action Cards'** and five **'Support Cards'** - a series of fun activities and support information to inspire 1) discussion, 2) behaviour change, and 3) action around HIV and GBV prevention, which you can do with different groups in your community and with families or couples
- A sample of a **'My HIV & GBV Prevention Diary'** - a small, simple booklet with 25 sheets that can be used by anyone to write down their daily thoughts, actions, fears and thoughts around HIV prevention. Each page has a small prevention message to inspire you to protect yourself and share with others to protect themselves



- 
- A **'My Quick Prevention Check'** which you can use on your own or in a group, to test your own knowledge on how to prevent HIV and GBV, as well as your personal attitudes and practices around prevention
 - A **'Lets Talk- Lets Act Flipchart'** which uses pictorial images to trigger discussion around causes, solutions and factors relating to GBV and HIV in our communities
 - A **'Men Are Protectors: Preventing HIV & GBV'** booklet, sharing information on the role of men and boys in preventing HIV & GBV, and the things women and girls need to know about what may trigger violence. This booklet is meant to enable closer partnership between women and men in the prevention of both GBV and HIV in communities
 - A **'Short Dramas and Story Telling Guide'** providing guidelines to using the arts to address and prevent HIV and GBV in community settings.

SAFAIDS Regional Office: 479 Sappers Contour, Lynnwood, Pretoria 0081, South Africa
Tel: +27-12-3610889; Fax: +27-12-3610899
Email: info@safaids.net; Website: www.safaids.net

Country Office - Zimbabwe: 17 Beveridge Road, P.O. Box A509, Avondale, Harare, Zimbabwe
Tel: +263-4-336193/4; Fax: +263-4-336195
Email: info@safaids.org.zw; Website: www.safaids.net

Country Office - Zambia: Plot No. 4, Lukasu Road, Rhodes Park, Lusaka, Zambia
Tel: +260-211-257652; Fax: +260-1-257652
Email: safaids@safaids.co.zm; Website: www.safaids.net

Country Office - Mozambique: Avenida Ahmed Sekou Toure 1425 R/C, Maputo, Mozambique
Tel: +258-213-02623
Email: safaids@teledata.mz; Website: www.safaids.net

